

Knowledge, Attitudes and Practices of **Coastal Communities on Waste** Management in Ghana

Author: Nasir Kofi Essuman Thesis for Novia University of Applied Sciences - degree Degree Programme of Sustainable Coastal Management

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Author: Nasir Kofi Essuman

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Supervisors: Maria Söderström

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Abstract

Waste management has been a worldwide issue which most countries are finding the best ways of

dealing with. Managing waste improperly poses threat to the health of individuals and the

environment. Ghana as a developing country, its coastal communities are faced with a lot of

challenges regarding waste management due to actions towards waste management.

This research seeks to examine the knowledge, attitudes and practices of coastal communities on

waste management and how their actions have affected their health as well as their environments.

The study area comprises of three different coastal communities which includes Mamprobi, Glefe

and Gbegbeyise.

It was realized that waste is causing more harm to the lives of people living at the coast and the

environment since waste is dumped indiscriminately, not usually collected by the waste

management companies, not seen as a resource and government seen as the only one responsible

for managing waste in the countries especially at the coast.

To ensure proper waste management practices, it was recommended that the community

members should be involved in decision making, given the opportunity to manage their own

waste as well as educating them on waste management.

Language: English Key words: Waste Management, Knowledge, Attitudes, Practices and

Coastal Communities.

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1 INTRODUCTION AND AIMS

1.1 INTRODUCTION

Waste management has recently been the concern of every country in the world since waste has become an issue. Improper management of waste poses threat to the health of individuals as well as the environment which if dealt with, improves the quality of life by reducing it negative impact.

In this 21st century, waste management is part of the important service which is sustaining our society especially in urban area. It has now become basic human right which is part of basic human needs. This basic human right involves ensuring proper sanitation, solid waste management, provision of potable water, shelter, food, energy, transport and communications which are all beneficial to society and the economy as a whole. (UNEP, 2015)

Urban cities in Africa are increasing on a high rate which is seriously contributing to the amount of generated waste. This means that various types of waste are generated with the changes in human consumption pattern as well as structure of economic activities. In ensuring proper waste management in the urban area will enhance sustainable development and better standard of living among residents. Rapid urban growth is putting pressure on limited resources in low-income countries. Also, waste management services in urban areas turns to be inadequate which have contributed to life and health threatening issues and locations. (UN-Habitat, 2014)

Ghana, being one of the African countries with rapid growth in its urban cities is having problems with waste management. The country is faced with yearly flooding due to improper waste management caused by inadequate collection, transportation, disposal and monitoring of waste. The waste therefore, ends up in drainage systems and gutters blocking the constant flow of rainwater.

In Accra and other places, waste collection has been an issue causing most people to improperly dump their solid waste which usually gets washed into the drains. This makes the drains to be blocked by plastics and other waste. Also, litter on streets and gutter are very common due to indiscriminately disposal of solid waste. This usually leads to flood where in 2011, most lives were

lost and destroyed livelihood as well as economic value. During the incident, 14 people were killed, 43,000 were affected, and 17,000 lost their homes, with damage to roads, waterways and bridges as well as 100 incidents of cholera were identified a week after the occurrence of the flood. (UNEP/OCHA, 2011)

Most developing countries which Ghana is no exception perceive waste to be an unwanted material with no intrinsic value which has had an impact on their attitudes towards waste disposal. Management of waste is also seen to be the sole responsibility of the government forgetting that proper waste management is public obligation and benefit. It is therefore the responsibility of every individual and institutions to ensure clean environment.

1.2 PROBLEM STATEMENT

The perception about solid waste disposal in Ghana especially the coastal areas which is part of the major cities, has made waste collection system very difficult to be managed. People dispose waste wherever they deem is convenient to them, regardless whether it is a road, a playground or a park. They dispose of waste indiscriminately without realizing that it is going to affect the public health and environment as well as affect the living standard of future generations.

Most people in Ghana see waste to be collected and dumped in the landfill site so therefore do not regard it as a resource while other countries such as Sweden are making money out of waste generated. Their perception is causing a serious challenge to the waste management companies. Instead of waste management companies to deal with the control of waste generation, storage, collection, transportation and processing of waste into useful resources which will positively affect public health, economy and environment, they only collect the waste and dump it to the landfills, making them to be waste collection companies. This means that, with right mindset on solid waste disposal, there will be a health environment as well as income generation from waste.

There is the mindset that waste generated must be collected by the government and therefore government have contracted waste management companies to do so. This mindset contributes to

the reckless attitude of littering in the coastal areas. They have a saying that goes, if we do not dump waste indiscriminately, waste management companies would have no job to do.

For a change to take place, people turn to forget they need to start from themselves. If waste generated is sorted and dumped at the designated places, waste management institutions can effectively and efficiently do their job as required which means that for proper waste management system to be in place, individuals, organisations and government institutions must come together and work collectively. This will enable the waste management companies to convert waste into useful resource as well as income generation.

The thesis will therefore look at Knowledge, Attitudes and Practices of Coastal Communities on Waste Management in Ghana.

1.3 OBJECTIVES OF THE STUDY

The main aim of this study is to investigate the relationship between the knowledge, attitudes and practices among people living in the coastal areas concerning waste management. Households in Accra were examined on waste management operations through a survey.

The specific objective of the study includes:

- 1. To find out the knowledge level of individuals in coastal communities about waste management.
- 2. To find out the attitudes of individuals in coastal communities towards waste management.
- 3. To identify the environmental practices concerning waste management that individuals in coastal communities engage in.
- 4. To find out the perception of institutions regarding environmental practices of waste management of individuals in coastal communities.

2 LITERATURE REVIEW

Waste, has been an issue for all countries in the world due the impact it has on health, environment and the economy. This chapter seeks to review literature by looking at the concepts of waste and other related topics.

2.1 CONCEPT OF WASTE

Waste according to the EU Waste Directive (Article 1(a) of Directive 75/442/EEC), is any substance which the owner discards or intends to discard. Morrison et al 2000 as cited by Lutui 2001, see's waste as any material classified to be waste by national legislation or any materials that is no longer useful that needs to be disposed of. Waste can be defined in many forms depending on the category or context its being used. It can basically be defined as any material considered to be useless which means it is no longer need for it intend purpose. waste can the seen in two perspectives which is primary and secondary function. In regards to the primary function, something became waste when it cannot perform its actual purpose. On the other hand, when something is no longer useful to someone, it is useful to another person thus someone's waste is someone's raw material. This shows how waste is not dependent on specific definition.

2.2 SOLID WASTE

According to Augustino et al (2015), solid waste is made up of organic and inorganic waste materials that comes about as a result of human and animal activities and is no longer needed which needs to be discarded due to its value loss to the user. Disposing solid waste improperly causes diseases like cholera, diarrhea, among others. Solid waste can be categorized into sources which are domestic household waste, industrial waste, commercial waste, agricultural waste, building and demolishing waste, among others.

The table 1 below shows the source of waste which was adopted by Hoornweg, Daniel with Laura Thomas (1999).

Table 1: Source of waste.

Source: Hoornweg, D. & Laura, T. (1999).

SOURCE	TYPICAL LOCATION	TYPES OF SOLID
		WASTE
Residential	Single-family and	Food wastes, rubbish,
	multifamily dwellings,	ashes, paper, cardboard,
	low-medium, and high-	plastics, textiles, special
	rise apartments.	wastes
Commercial/Municipal	Stores, restaurants,	Food wastes, rubbish,
	markets, office buildings,	ashes, demolition, Paper,
	hotels, medical facilities,	cardboard, plastics, wood,
	and institutions	glass, metals, special and
		construction.
Industrial	Construction, fabrication,	Demolition and
	light and heavy	construction wastes,
	manufacturing, refineries,	special wastes,
	chemical plants, mining	occasionally hazardous
	etc.	wastes, Housekeeping
		wastes, packaging, and
		food wastes.
Open areas	Streets, alleys, parks,	Special wastes, rubbish,
	vacant plots, playgrounds,	paper, plastics, and
	and recreational areas.	glasses.
Treatment plant site	Water, wastes water, and	Treatment plant wastes,
	industrial treatment	principally composed of
	processes.	residual sludge

Agricultural	Field	and	row	crops,	Spoiled	food	wastes,
	orchar	ds,	vin	eyards,	agricultu	ral	wastes,
	dairies, feedlots, and farms		rubbish, l	nazardou	ıs wastes		

2.3 SOLID WASTE MANAGEMENT

Solid waste generated are different from country to country or region to region which means the management system also varies. Solid waste is generated due to a lot of factors which includes the abundance and type of natural resource available, the lifestyle of citizens as well as their living standards. Solid waste is embarrassing and difficult to discuss with reason that policy-making and political discussions must deal with taboos in various locality which affects the process of arriving at achievable goals (UN-HABITAT, 2010).

Waste is mostly contaminated with nightsoil regardless the climatic differences. Countries located in humid, tropical, and semitropical areas, wastes generated are characterised by a high concentration of plant litter whereas waste generated in countries with seasonal change may contain an abundance of ash due to coal or wood used for cooking and heating especially during winter. (UNEP, 2005)

EU Waste Directive 2008, defines waste management to" mean the collection, transport, recovery and disposal of waste, including the supervision of such operations and the after-care of disposal sites, and including actions taken as a dealer or broker"

Management of solid waste is a problem in most developing countries as compared to the developed countries. The difference between the developing and the developed countries is not only on waste composition but also the standard of waste management services provided. In this regards, the attention of developing countries are given to the attainment of proper collection, treatment and disposal whereas developed countries are concentrating on turning waste into resources. (Mungure, 2008) Ghana being one of the developing countries is currently facing difficulties in dealing with solid waste management, from collection, treatment to disposal since waste is not considered to be a resource. This has made to waste management companies turn to be waste collectors which has limited their function.

2.4 WASTE MANAGEMENT HIERARCHY

Everyone have the responsibility of ensuring a healthy environment by reducing the amount of waste generated. This responsibility has brought about waste management hierarchy with the aim of minimizing the amount of waste generated from entering the landfill or dump sites. The earliest usage of the 'waste management hierarchy' appears to be Ontario's Pollution Probe in the early 1970s (Hoornweg & Bhada-Tata, 2012). Its emphasis is on the 3Rs which is Reduce, Reuse and Recycle. The hierarchy helps in the enhancement of economic activities and the habit of reducing environmental impacts from waste disposal. (Sreenivasan et. al, 2012).

The figure 1 below shows the hierarchy of waste management (traditional waste hierarchy and new waste management paradigm).



Figure 1: Hierarchy of waste management. (Southern California Conversion Technology, w.y)

The waste hierarchy is in pyramid form which shows how action must or needs to be taken. From the new waste management paradigm, the first action must be taken on preventing the generation of waste, followed by reducing waste generation (e.g. through re-use), recycling, composting or anaerobic digestion, recovery and waste to-energy and if energy is not recovered from processes then it ends up in landfill. Waste disposal on landfills is the last resort only when waste has not been prevented, diverted or recovered in the preceding steps. (UNEP,2013) This new waste management paradigm is the reverse of the traditional waste hierarchy with the aim of not ensuring compliance of waste management regulation. Its focus is on improving limited resources in the form of preventing waste generation as well as ensuring that waste is treated as a resource.

2.5 WASTE MANAGEMENT IN AFRICA

Waste handling in developing countries are mostly two system approach which is formal and informal system. The formal system is managed by the government where responsibilities are given to municipality to ensure safe, reliable and cost effective collection and disposal of solid waste which often requires large financial resources, making it very difficult to deal with waste management issues. (Gombya & Mukunya, 2000) The informal system is managed by individual or private dealers which includes communities of scavengers and private associations. They usually see the potential aspect of certain materials for domestic purposes such as plastics, paper, bottle and cans. The private dealers charge for their operation or services form residents which involves collecting, sorting, recycling and selling waste. (UNIDO, 2003)

In Africa, the problem of waste management is not only the accumulation of waste in cities or streets but also the ineffectiveness of waste management authorities and the government to tackle the problem of waste appropriately. In order to understand the problems of waste management, it is therefore important to check policies structure, implementation strategies as well as the economic framework of the country. For effective governance to solve waste management problems, there is the need for adequate managerial and organizational structure, accountability and transparency in decision making. (Mungure, 2008)

2.6 EDUCATION AND AWARENESS OF WASTE MANAGEMENT

Lack of education and awareness of effective waste management practices is one of the major issue in developing countries. According to McAllister (2015), a study in Gaborone, Botswana, found that even though citizens were aware of recycling and other sustainable waste-management techniques, this does not necessarily translate into participation in pro-environmental activities such as recycling initiatives. When people lack interest in environmental issues, it means that they are not well informed which affect their actions and also makes them feel not included in waste management decision making.

In Ghana, due to lack of education and awareness in waste management, individuals in various communities turn to blame the government for improper waste management. According to McAllister (2015), lack of interest in the environment brings about a culture of non-participation of communities in decision-making processes which enhances lack of responsibility for pollution and waste issues. When citizens are given education or awareness about waste, they turn to be informed as well as know the essence of waste management which will make them responsible. Keeping them informed or educated means improving their knowledge in waste management which will call for participation in decision making. The community's participation in waste management activities from decision making, structural reforms among others, will increase their sense of belonging and ownership which can bring about improvement rather than blaming.

According to Martin and Garcia (2014), cited by McAllister (2015), it has been recognized by researchers that it is important to create sustainable waste systems as well as promoting environmental citizenship amongst community members through improved public awareness and community participation in waste management.

A research conducted in Malaysia by Aini and colleagues (2002) resulted that, to overcome the solid waste crisis, "conscience of the individual needs to be raised through environmental awareness and concern, inculcation of sustainable consumption practices and education on waste management." They went further to say that environmental awareness and knowledge about environmental conservation were found to affect recycling attitude positively, so therefore waste managers need to take steps to enhance the public knowledge on waste management. (McAllister, 2015)

2.7 THE ATTITUDE AND BEHAVIOR OF WASTE MANAGEMENT

The negative behavior with solid waste management in most developing countries are on littering which has a lot of causes. These causes include lack of social pressure to prevent littering, absence of realistic penalties or consistent enforcement, and lack of knowledge of the environmental effects of littering (Al-Khatib et al., 2009). Other causes are due to amount of litter found in a particular location and the number of waste collection bins available on a site. (McAllister, 2015)

Most communities have the attitudes of not concern of waste management which reduces their responsibility for the environment. This is with the reason that most community members are not involved in decision making so therefore develop the attitude of not concern which makes them not responsible for waste management (McAllister, 2015). This attitude differs among socio-economic groups. However, the attitude and behaviour of individuals can be positively influenced by implementing quality waste management systems to properly manage waste generated. When requirements for basic food and shelter absorb the attention of the largest portion of the community, then many environmental values are neglected. This means that people who satisfy or are satisfied with their basic needs are sensitive to management of waste.

2.8 WASTE PRACTICES

Waste management practices has a great impact on our health and the environment. A good solid waste system is like good health thus if things are done right people will have comfortable life but on the other hand, if things go wrong, it is a big and urgent problem which makes everything else seems less important (UN-Habitat, 2010). Practicing good waste management means materials will be efficiently used and, waste will be reduced. Waste management varies from country to country which call for different practices but with the help of waste management hierarchy, good practice can be enhanced.

Countries in Africa are challenged with implementing the new paradigm of waste management. Practices of the old hierarchy system where emphasis is given on waste to dumpsite/landfill still holds and this is causing a lot harm to public health and the environment. This is attributed to income levels. According to McAllister (2015), attitude of not concern about waste management differs among socio-economic groups thus, wealthier socioeconomic groups are more likely to make a difference when it comes to environmental problems because they feel the need to impact

more in addressing and fixing the problem. It is shown that, the practices usually differ among income level relating to activities of solid waste management.

Table 2 below shows comparison of Solid Waste Management Practices by Income Level in the world as classified in Appendix III .

Table 2: Comparison of solid waste management practices by income level in the world (Hoornweg & Bhada-Tata, 2012)

Activity	Low Income	Middle Income	High Income
Source Reduction	Programs are not	Some forms	Organized programs
	organized, even	discussion of waste	with given priority to
	though reuse and low	reduction, but not	the three 'R's'
	per capita waste	often incorporated	(reduce, reuse, and
	generation rates are	into an organized	recycle). Efficient and
	common.	program.	actual flow of product
			design.
Collection	Sporadic and	Improved service and	Collection rate greater
	inefficient. Service is	increased collection	than 90%.
	limited to willing to	from residential areas.	
	pay customers	Collection rate varies	
	(wealthy) which	between 50 to 80%.	
	makes overall		
	collection below		
	50%.		
Recycling	It's through the	Involvement of	Collection services
	informal sector and	informal sector, some	for recyclable
	waste picking.	high technology for	material, high
		sorting and	technology for sorting
		processing facilities.	and processing
			facilities, high level of
			regulation as well as

Composting	Net often verdertelver	T auga again again ag	increasing attention towards long-term markets.
Composting	Not often undertaken formally even though	Large composting plants are regularly	Generally at both backyard and large-
	the waste stream has a	unsuccessful, the	scale facilities.
	high percentage of	reason being	
	organic material.	contamination and	
		operating costs.	
Incineration	Not common, and	Some incinerators are	Prevalent in areas
	usually not successful	used, nevertheless	with high land costs
	due to high capital,	experiencing	and low availability of
	technical, operation	financial and	land (e.g., islands).
	costs, high moisture	operational	
	content in the waste,	difficulties.	
	and high percentage		
	of inerts.		
Landfilling/	Low-technology sites	Some controlled and	Sanitary landfills with
Dumping.	(generally, open	sanitary landfills with	a combination of
	dumping of wastes),	some environmental	liners, leak detection,
	high pollution and	controls.	leachate collection
	regular burning of		systems, gas
	waste.		collection and
			treatment systems.
Costs	Collection costs	Collection costs	Collection costs can
	represent 80 to 90%	represent 50% to 80%	represent less than
	of the municipal solid	of the municipal solid	10% of the budget.

waste	management	waste	management	
budget.		budget.		

2.9 WASTE AND ENVIRONMENT (FLOOD)

Waste that is not well managed poses health and environmental threats (water, air and land pollution). According to Hoornweg & Bhada-Tata (2012), health concerns of the public forms the basis of solid waste management programs which is very important to ensuring proper health of the public. Solid waste that is not properly collected and disposed can be a breeding ground for insects, vermin, and scavenging animals, and can thus pass on air and water borne diseases. As cited by Hoornweg & Bhada-Tata (2012), Surveys conducted by UN-Habitat indicated that in areas where waste is not collected often, the incidence of diarrhea is twice as high and acute respiratory infections six times higher than in areas where collection is regular (UN-Habitat 2009).

The environment is negatively impacted when waste is improperly disposed or not frequently collected. Municipal solid waste in low and middle-income countries are mostly dumped improperly especially in low-lying areas and land adjacent to slums. This waste (Municipal solid waste) is usually mixed with infectious medical and hazardous waste which turns to be harmful not only to the environment but to waste pickers as well. This threatens the environments by contaminating groundwater and surface water via leachate, as well as air pollution from burning of waste that is not properly collected and disposed. (Hoornweg & Bhada-Tata, 2012)

The figure 2 below shows flooded area in the city of Accra caused by improper waste management (David, 2016).



Figure 2: Flood caused by blocked drainage (David, 2016)

Flooding in Accra has been happening frequently, in 2007 hundreds of people had to be relocated to safer locations. The flooding situations happened in 1995, 1999, 2001, 2008, 2011 and 2015 causing havoc. On June 3rd, 2015, Ghana faced a tragedy where the flood killed a lot of people in the city of Accra. Flooding in Ghana is mostly linked to blocked drainage caused by poor waste management (Boadi & Kuitunene, 2003). However, populations in Accra are hardly aware of the drainage issues related to flooding and regard waste management as the role of the government (Sam, 2009). It is observed that the population are not resilient and adaptive to the existing risk and the level of preparedness, recovery and response is very low (Ahadzie & Proverbs, 2010). The table 3 below is showing flood issues with awareness and action in some developing

Table 3: Flood issues with awareness and action in some developing Countries. (Lamond et al, 2012)

Case study	Problem	Community	Municipal action	Community
	identified	awareness		action
Bamako (Mali)	Poor waste	Awareness was	Structural	Local waste
	management a	raised during	drainage	collection system
	major factor in	the programme	improvement was	set up. Disposal
	floods		carried out	still a problem
Accra (Ghana)	Blockage of	Residents not	Authorities	Residents regard it
	drainage causes	aware	appear	as the role of the
	flooding		overwhelmed	government
Cotonou	Indiscriminate	Yes and some	Peripheral areas	Locals trained to
(Benin)	dumping of	have taken	neglected as the	collect and gain
	waste	action	focus is on the	revenue from
			city centre	waste
Maputo	Flooding caused	Awareness low	Some urban	Communities still
(Mozambique)	by inadequate	but being	drainage	dump rubbish in
	drainage in the	targeted by	improvement	drains, causing
	city	education	programmes in	major problems in
		programmes	Maputo	2010 flood
Lagos	Flooding due to	High awareness	New city wide	Very few
(Nigeria)	blocked drainage	in community	strategy of waste	community
			disposal	initiatives
Marikina	Flooding partly	Residents made	River dredging	Residents comply
(Philippines)	due to waste	aware by the	and penalties for	but waste still
	clogging the	programme	dumping	arrives from
	river			further upstream
Jakarta	Blocked	Residents aware	Government	Local community
(Indonesia)	channels cause	of the problem	plans to dredge	based schemes
	widespread		channels but	successful but
	flooding		hampered by	waste is carried

			informal	from upstream
			settlements	areas
Mumbai	Plastic bags	Poor awareness	Ban on use of	Poor compliance
(India)	blamed for		plastic bags	with ban
	flooding			
Guyana (South	Clogged and	Identified by	Authorities have	In one ward CBO
America)	inadequate	residents as other priorities		had cleared drains,
	drainage leading	important.		this ward had not
	to flooding			flooded
Mexico City	Waste blocks	Appears to be	Programmes	No evidence of
(Mexico)	drains and leads	low awareness	focus on other	community action
	to flash flooding		priorities	
Managua	Waste in the	Awareness is	Network of micro	Low compliance,
(Nicaragua)	rivers worsen	poor	dams to collect	flooding still an
	flooding		rubbish and silt	annual event

According to Lemond et al, (2012), poor solid waste management contributes to urban flooding across the globe and, as urban populations increase, is likely to be an increasingly important factor. The control of solid waste within areas at risk of flooding has the potential to reduce risk by minimising the amount of waste blocking drainage channels. They went further to say that, reduced accumulation of waste in general will reduce the environmental impact of flooding and has multiple other benefits to health and wellbeing.

2.10 SANITATION PROFILE OF GHANA

Ministry of Local Government and Rural Development is in-charge of waste management in Ghana. They decentralize the duties of waste management to the Metropolitan, Municipal and District Assemblies (MMDAs). The Metropolitan, Municipal and District Assemblies through their Waste Management Departments and their Environmental Health and Sanitation Departments collect and dispose of solid waste from various communities.

They supervise the decentralized Metropolitan, Municipal and District Assemblies (MMDAs) for waste management. Nevertheless, regulatory authority is vested in the Environmental Protection Agency (EPA) under the auspices of the Ministry of Environment and Science. The Metropolitan, Municipal and District Assemblies are in charge for the collection and final disposal of solid waste through their Waste Management Departments (WMDs) and their Environmental Health and Sanitation Departments. The policies for managing hazardous, solid and radioactive waste emanate from the National Environmental Action Plan which includes the Local Government Act (1994), Act 462, the Environmental Protection Agency Act (1994), Act 490, the Pesticides Control and Management Act (1996), Act 528, the Environmental Assessment Regulations 1999, (LI 1652) the Environmental Sanitation Policy of Ghana (1999), the Guidelines for the Development and Management of Landfills in Ghana, and the Guidelines for Bio-medical Waste (2000). (Sanitation-Ghana, 2014)

3 METHODOLOGY

Out of estimated 300 respondents (100 from each community), data for the study was collected from 242 respondents in three communities in the coastal areas which includes 82 respondents from Mamprobi, 72 respondents from Glefe and 88 respondents from Gbegbeyise. They were interviewed to know their knowledge, attitudes and practices with regards to waste management. Also, 42 interviewees from government institutions were interviewed. The sources of collected data includes primary and secondary sources of data collection.

The primary data collection focuses on the application of questionnaire, interviews and participant observation. In obtaining primary information, questions (as can be seen in appendices I and II) were developed to find out their knowledge, attitude and practices towards waste management in their various locality. The questionnaire where given out to respondents who could read to fill and with those who could not where guided through the questions with the helped of a translator. The respondents comprise of students, fishermen, traders, teachers, carpenters, and hairdressers. The translator and I went to various households to get respondents to fill the questionnaire since most of them could not speak English and even if they could speak English, they preferred speaking in their local language. Simple random sampling was used to select respondents which gave everyone in the community the chance to be interviewed. Interviews were conducted with key informants, youth clubs in the communities and representatives of institutions in charge of waste management in the Ghana. Some were contacted through telephone calls and others where contacted in person. The interviews were conducted in English and lasted for about 30 minutes. Participant observation was used to examine the problem at various districts. The observation was usually done during training workshops organized by the Department of Community Development, Department of Social Development and the Accra Metropolitan Assembly on waste management where I happened to be part of those to facilitate the workshop.

Furthermore, secondary data relevant to municipal solid waste management were obtained from internet, journals, books among others to show contemporary knowledge on the subject.

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4 RESULT

4.1 COMMUNITIES

- 1. Mamprobi
- 2. Glefe
- 3. Gbegbe yise

4.2 GENDER OF RESPONDENTS

The below figure 3 shows the gender of respondents in three coastal communities.



Figure 3: Respondents

4.3 KNOWLEDGE OF SANITATION

The below figure 4 shows respondents who said YES to question on knowledge of waste management.

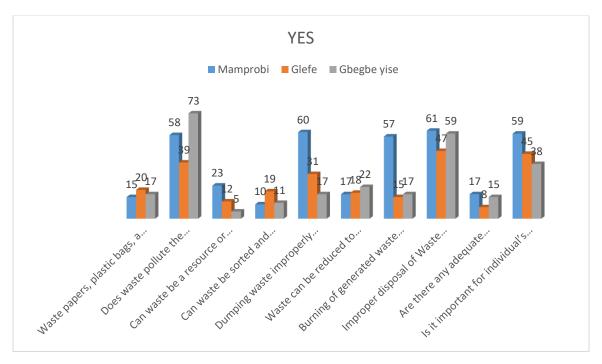


Figure 4 Respondents who said YES to question on knowledge of waste management

The figure 5 below shows respondents who said NO to question on knowledge of waste.

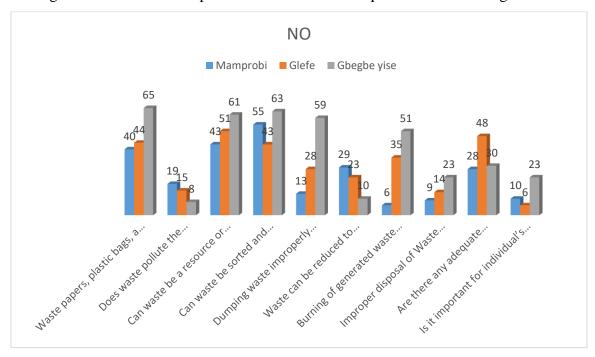


Figure 5: Respondents who said NO to question on knowledge of waste

The figure 6 below indicates respondents who were NOT SURE to question on knowledge of waste.

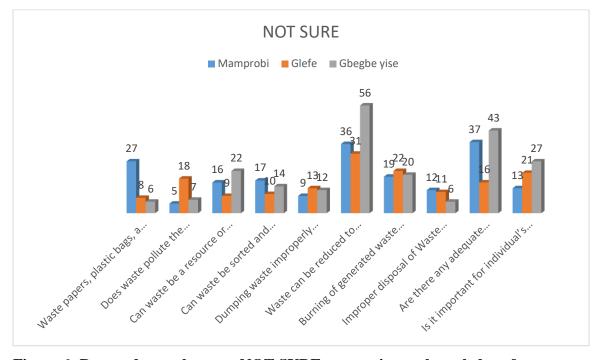


Figure 6: Respondents who were NOT SURE to question on knowledge of waste

4.4 ATTITUDES TOWARDS WASTE MANAGEMENT

The below figure 7 indicates attitudes of Mamprobi respondents towards waste management.

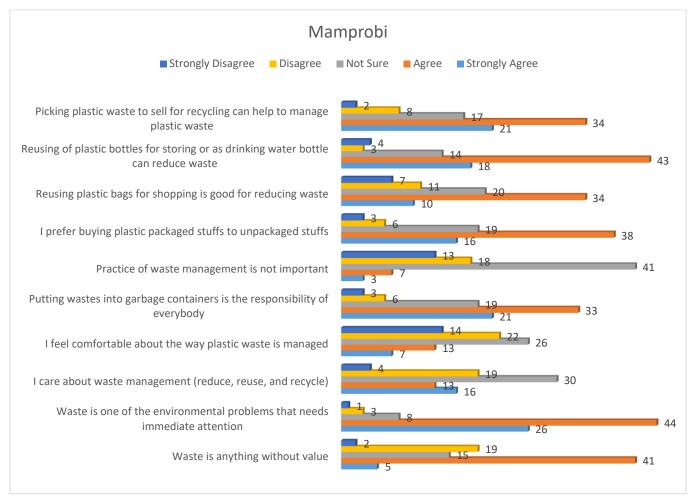


Figure 7: Attitudes of Mamprobi respondents towards waste management

The below figure 8 indicates attitudes of Glefe respondents towards waste management.

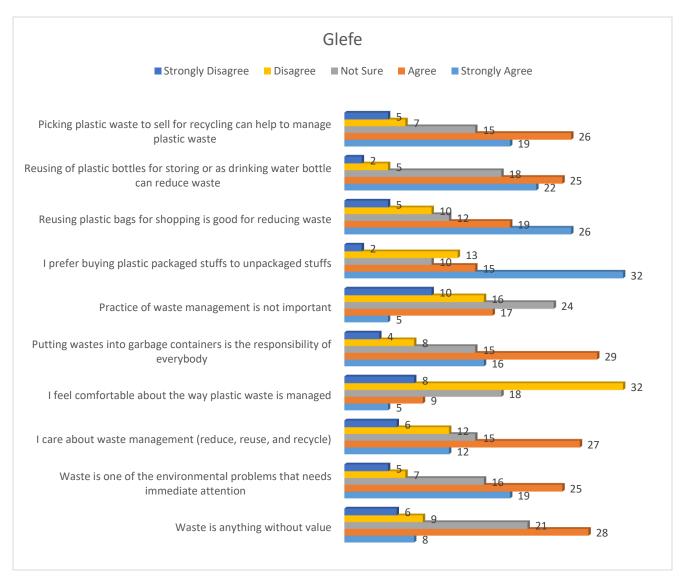


Figure 8:Attitudes of Glefe respondents towards waste management

The below figure 9 indicates attitudes of Gbegbeyise respondents towards waste management.

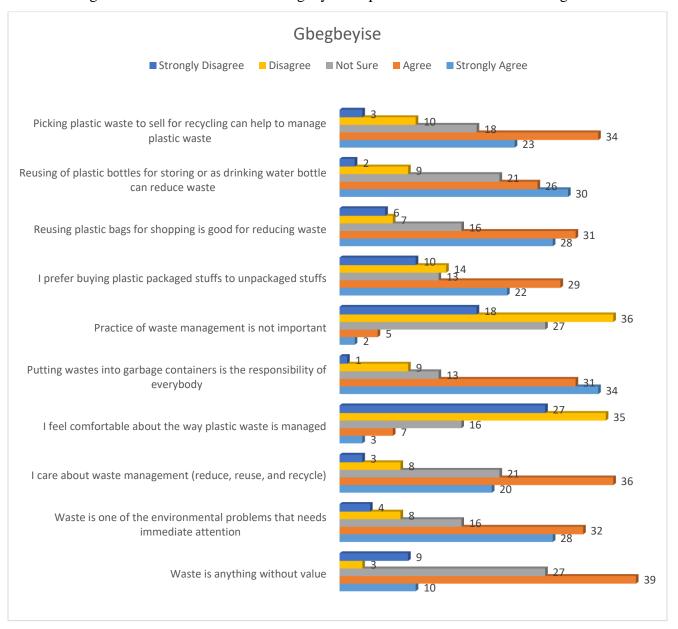


Figure 9: Attitudes of Gbegbeyise respondents towards waste management

4.5 PRACTICES TOWARDS WASTE MANAGEMENT The figure 10 below shows practices of Mamprobi respondents towards waste management.

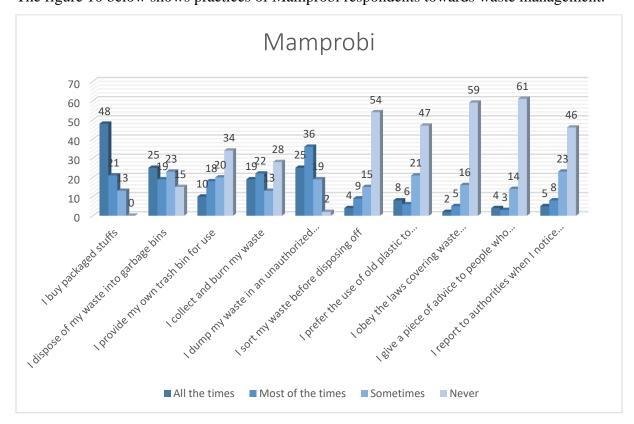


Figure 10: Practices of Mamprobi respondents towards waste management

The figure 11 below shows practices of Glefe respondents towards waste management.

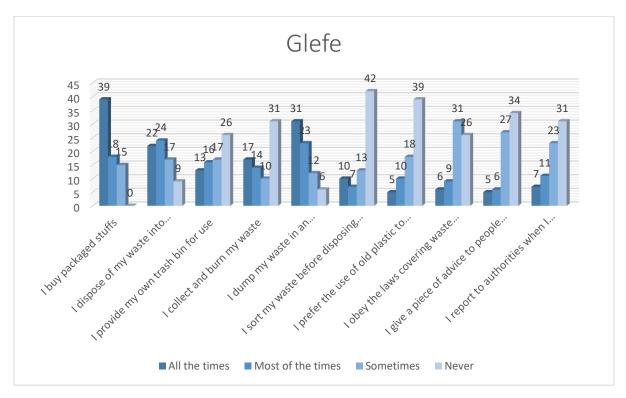


Figure 11: Practices of Glefe respondents towards waste management

The figure 12 below shows practices of Gbegbeyise respondents towards waste management.

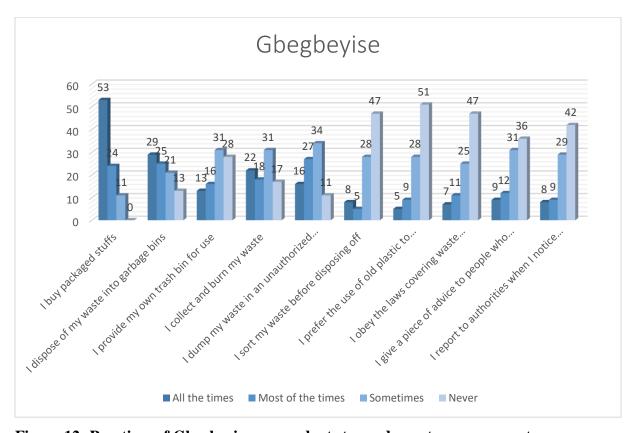


Figure 12: Practices of Gbegbeyise respondents towards waste management

4.6 RESPONDS FROM GOVERNMENT INSTITUTIONS

Some institutions were interviewed to know what they think about waste management in the coastal communities as can be seen in Appendix II.

The table 4 below shows the number of interviewees from different institutions.

Table 4: Interviewees from different institutions

INSTITUTIONS	No. of interviewee
Department of Community Development	6
Department of Social Development	4
Town and Country Planning Department	8
Environmental Health and Sanitation	11
Departments	
Accra Metropolitan Assembly	13

In an interview with representatives from the above institutions, they said the communities need to be educated on waste management to enhance their knowledge, attitudes and practices towards waste management. They went further to say that when it comes to the side of the government on waste management, the problem is with funding, logistics and road network even though attitude of people is of concern.

It was realized that waste management in coastal communities is very bad that it has brought unhealthy environment and hunger. Most of the institutions were one way or the order helping to solve the waste management problems through adult education, mass meetings, study group meetings and posters. The institutions stated some of their challenges which include inadequate logistics, refusal to pay for waste collection, inadequate landfill site, not ready to listen attitudes, lack of funds, coastal communities not well educated and mismanagement of government property. Even though the institutions are facing challenges, some have done nothing about it as others have recruited people to environmental health, organized regular clean up exercise as well as educating people. It was also realized that the coastal communities were usually not involved in decision making concerning waste management which makes them not responsible or concerned. The waste management problem in the coastal communities usually happens with the act of dumping waste indiscriminately. This has affected the environment making it unattractive to tourists, killing species in the sea as well as bringing about diseases such as cholera among others. They therefore call on the government to ensure enforcement of the law, provide education on waste management, acquire landfill sites, acquire machines for waste separation and build recycling centers. They went further to say that individuals and government need to play their respective roles to help solve waste management issues in the country.

5 DISCUSSION

Waste management in coastal communities has been a big issue for the government and the local people in Ghana. Having interviewed representatives of some government institutions, they said waste issues are linked to a lot of factors which include inadequate service coverage, poor quality of service, lack of financial resources, lack of trained personnel, poor governance, among others. As we all know, improper solid waste management can be harmful to the environment, health as well as the well-being of the public with other living and non-living organisms within and beyond the polluted area.

This research looked at why improper solid waste management is an issue by studying the community's knowledge, attitudes and practices towards waste management. The three communities' actions towards waste management was as a result of unclear understanding of responsibilities, thus who is in-charge of waste management. It was realized from the study, that the communities had a notion where government is responsible for anything regarding waste. Their mindset on waste management has put pressure on the government. As Mungure (2008) said, the attention of developing countries are given to the attainment of proper collection, treatment and disposal unlike the developed countries turning waste into resources. The actions of the three communities confirms what Mungure, 2008 said which means the government is looking for the best way to address this issue.

Conducting research on the knowledge of waste management of three different coastal communities, it can be seen in the result that, most people from the three communities (49% from Mamprobi, 61% from Glefe and 73% from Gbegbeyise) knew what waste was. Even though they knew what waste was and its implication, nothing was done about it which means that waste ends up on the streets, gutters and nearby bushes. Dumping waste indiscriminately creates a breeding grounds for rodents and insects which increases the risk of spreading diseases. Improper dumping of waste does not only create the risk of spreading diseases but also ends up creating choked drains and blocked waterways which has the possibility of causing flood during the wet season. It was realized that they were aware of the effect on their environment. This result agrees with finding of McAllister, (2015) in his study in Gaborone, Botswana which said that citizens were aware of recycling and other sustainable waste-management techniques, this does not necessarily translate into participation in pro-environmental activities such as recycling initiatives. His finding applies

in these coastal communities in Ghana as well. Upon interacting with the community members, it was realized that they knew how bad their environment has been and the reason was that, they are waiting on the government to come collect the waste. This shows there is the need for education to enhance their knowledge as McAllister, (2015) said in his finding that environmental awareness and knowledge about environmental conservation were found to affect recycling attitude positively, so therefore waste managers need to take steps to enhance the public knowledge on waste management.

As shown in the result (attitudes towards waste management), 50%, 39% and 44% from Mamprobi, Glefe and Gbegbeyise respectively, agreed that waste has no value which then contributes to the way they act towards waste management. From observation, people in these communities burn waste in an open area considered to be their final disposing sites. Burning waste pollute the air which increases the risk of health hazards as well as destroying the environment. It was observed that, burning and littering is a common act among the communities. Their activity keeps destroying the environment. When attention is not given to the management of solid waste, it leads to serious pollution and spreading of diseases. Al-Khatib et al., (2009), pointed out, that negative behavior towards waste management comes about due to lack of social pressure to prevent littering, absence of realistic penalties or consistent enforcement, and lack of knowledge on environmental effects of littering. The attitude in most communities in Ghana is 'I do not care' when it concerns waste management because that is the responsibilities of the waste management companies. This has been a very big challenge for the waste management companies which make them not function efficiently and effectively. There is a negative saying or attitude in most communities in Ghana which is "if I do not litter, the waste companies will get no job doing". This attitude has turned the waste management companies into waste collectors' companies. This act shows why the three communities sees waste to be something without value.

From the result (practices towards waste management), it was realized that 48 respondents from Mamprobi, 39 respondents from Glefe and 53 respondents Gbegbeyise preferred buying packaged stuffs to unpackaged stuffs. As most packed stuffs are made of plastic which is not degradable, it causes harm to the environment (air, water and land pollution). More waste is usually generated as most people buy packed stuffs which makes the communities prone to environmental and health hazards since those packs are not reduced, reused or recycled. This practice does not support the

new paradigm of waste management which focus on the 3Rs (Reduce, Reuse and Recycle) as can be seen in figure 1. This makes it very difficult for communities in Ghana to adopt to the new paradigm so therefore the old hierarchy system is still in place which means the waste management companies only collect the waste to the landfill. It was also realized in the result that, 72% from Mamprobi, 36% from Glefe and 53% from Gbegbeyise did not know about laws concerning waste management which makes them not to be law abiding. This shows how law enforcer have failed to pay adequate attention to inspection and monitoring. Failure to ensure procedures are put in place to engage the communities in environmental issues leads to weakening the effectiveness of environmental laws. Their poor knowledge about laws concerning the environment have contributed to their practices towards waste management.

It was also realized from the 42 interviewees from institutions who are in-charge of waste management, that proper waste management has been a big challenge to their institutions and the country as well. They agreed to the fact that community's knowledge, attitudes and practices towards waste management needs to be worked on. With this reason, they think if the communities are educated on waste management, it will enhance their knowledge which will go along way to affect their attitudes and practices. They think adult education, mass meetings, study group meetings and posters will help improve waste management. The interviewees came up with some challenge facing the government since they are institutions representing the government when it comes to waste management. They also testified to the fact the communities are not usually involved in decision making. This shows, that waste management can be successful when the government institutions and the local communities collaborate by putting each other's interest into consideration. This can impact the environment by making the communities attractive to tourists, reduce killing of species in the sea as well as diseases such as cholera among others which will improve the social, economic, and environmental aspect of the communities and the country as whole.

Looking at knowledge regarding the concept of waste, it was realized that 49%, 61%, 74% of respondent form Mamprobi, Glefe and Gbegbeyise respectively knew what waste was. This shows that people living in Gbegbeyise had more knowledge than Glefe and Mamprobi. Upon asking the respondent if they were aware waste can pollute the environment, it was realized that 71% of

respondents from Mamprobi, 54% of respondents from Glefe and 83% of respondent from Gbegbeyise agreed to the fact that waste pollutes the environment. This shows that all three communities are aware of the impact of improper waste management. But the question here is why are they not practicing proper waste management since they have knowledge about waste and are aware of its impact.

From the analysis of the research findings in the three communities, it is evident that their knowledge, attitudes and practices need to be improved. It was realized from the study that none of the three communities were practicing the appropriate method of waste management because there was no community engagement and sense of ownership with regards to decision making on waste management. Involving the communities in environmental projects will build their capacity and enhance management of the environment. From participant observation, it was realized that indigenous knowledge was taken for granted while community members were always ready to give information or contribute to matter that affect their lives and their environment. This shows that when the authorities in charge of waste management engage or collaborate with the communities, proper waste management can be achieved. Involving them will not only make proper waste management achievable but also sustainable.

In as much as this research work looks at the knowledge, attitudes and practices towards waste management in the communities, it could not cover all the issues relating to their act towards waste management even though the respondents gave out their knowledge as shown in the result. This calls for further investigating in:

- Developing an Effective Waste Management and Disposal Strategy with Local Communities
- Bottom-Up Approach to Sustainable Solid Waste Management
- The Environmental and Health Effects of Waste Management
- Waste Management Training and Capacity Building for Local Communities

6 CONCLUSION AND RECOMMENDATION

It was realized from the study that, waste management in all the three coastal communities in Ghana had challenges which needs immediate actions. Waste is dumped indiscriminately which ends up blocking all the water ways and drainage system. This has led to spread of diseases and floods causing loss of lives. It was realized, that they were aware of their actions pertaining to waste management since they are seeing the effect but the blame is pushed on the government as not doing its job. All their actions towards waste management is a result of not regarding waste as a resource but rather something that needs to be sent to the landfill. This shows that, their knowledge, attitudes and practices towards waste management need to be improved.

Based on the findings of the study, the following recommendations were made:

- Community members should be involved in decision-making regarding their waste management.
- Communities should be taught how to manage waste and given the opportunity to manage their own waste.
- There should be education on laws regarding waste management and ensuring enforcement of law by the government.
- Mass media (radios, televisions, newspapers, posters, magazines) should be used to facilitate change in attitudes, practices and perception of the communities towards waste management.
- Teaching waste management in schools should be encouraged and developed in the school curriculum.

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APPENDIX I

GENERAL INFORMATION	
Name: Community:	
District Municipanty.	
Gender: Male Female	
Age:	
Educational Status: JHS SHS TERTIARY NONE	
Occupation	
SECTION A: KNOWLEDGE OF WASTE MANAGEMENT	
Please, answer by ticking one of the following questions:	
1. Waste papers, plastic bags, a piece of metal and wood, and cloths are not rubbish? YES NO NOT SURE	
2. Does waste pollute the environment?	
YES NO NOT SURE	
3. Can waste be a resource or not?	
YES NO NOT SURE	
4. Can waste be sorted and recycled?	
YES NO NOT SURE	
5. Dumping waste improperly can cause flooding?	
YES NO NOT SURE	
6. Waste can be reduced to solve environmental problems by reusing plastic bags, bottles and par	per
etc? YES NO NOT SURE	
7. Burning of generated waste causes effect on the environment?	
YES NO NOT SURE	
8. Improper disposal of Waste can cause some diseases such as diarrhoea, typhoid, cholera etc?	
YES NO NOT SURE	
9. Are there any adequate measures in the community to check waste issues?	
YES NO NOT SURE	
10. Is it important for individual's to play a role in dealing with waste management related issues?	,
YES NO NOT SURE	
IF YES, What kind of role could an individual play?	
	••••
	• • • •

SECTION B: ATTITUDES TOWARDS WASTE MANAGEMENT

Please, cycle one of the following to answer the questions:

Questions	1	2	3	4	5
	Strongly	Agree	Not	Disagree	Strongly
	Agree		Sure		Disagree
Waste is anything without value	1	2	3	4	5
It's one of the environmental problems	1	2	3	4	5
that needs immediately attention					
I care about waste management (reduce,	1	2	3	4	5
reuse, and recycle)					
I feel comfortable about the way plastic	1	2	3	4	5
waste is managed					
Putting wastes into garbage containers	1	2	3	4	5
is the responsibility of everybody					
Practice of waste management is not	1	2	3	4	5
important					
I prefer buying plastic packaged stuffs	1	2	3	4	5
to unpackaged stuffs					
Reusing plastic bags for shopping is	1	2	3	4	5
good for reducing waste					
Reusing of plastic bottles for storing or	1	2	3	4	5
as drinking water bottle can reduce					
waste					
Picking plastic waste to sell for	1	2	3	4	5
recycling can help to manage plastic					
waste					

SECTION C: PRACTICES TOWARDS WASTE MANAGEMENT

Please, choose one of the followings (All the times, Most of the times, Sometimes, Never) to answer the question below:

1.	I buy packaged stuffs
2.	I dispose of my waste into garbage bins
3.	I provide my own trash bin for use
4.	I collect and burn my waste
5.	I dump my waste in an unauthorized open
	place/area
6.	I sort my waste before disposing off
7.	I prefer the use of old plastic to buying new
8.	I obey the laws covering waste
	management
9.	I give a piece of advice to people who do not manage waste
10.	I report to authorities when I notice any waste management issues

APPENDIX II

QUESTIONNAIRE FOR INSTITUTIONS

Institu	Institution:					
1.	What do you think about the waste management in the coastal communities?					
2.	Is your institution helping to solve waste management problems?					
3.	What are some of the challenges in dealing with waste management?					
4.	What measures have your institution taken to deal with waste management?					
5.	Are the coastal communities involved in your decision-making concerning waste manaegment?					
6.	What are some of the reasons that contribute to waste management problems in the coast?					
7.	How does waste management in the coast affect the environment?					
8.	What do you think the government should be doing?					
0	Ham facilita is it to shows holita to manuscut management?					
9.	How feasible is it to change habits to poor waste management?					
10.	What are your suggestions?					

APPENDIX III

Country Classification According to Income

Lower Income (LI)	Lower Middle Income (LMI)	Upper Middle Income (VMI)	High Income (HIC)
Chad	Bulgaria	Colombia	Barbados
Comoros	Cameroon	Costa Rica	Belgium
Congo, Dem. Rep.	Cape Verde	Cuba	Brunei Darussalam
Eritrea	China	Dominica	Canada
thiopia	Congo, Rep.	Dominican Republic	Croatia
Gambia	Cote d'Ivoire	Fiji	Cyprus
Ghana	Ecuador	Gabon	Czech Republic
Guinea	Egypt, Arab Rep.	Georgia	Denmark
faiti	El Salvador	Grenada	Estonia
Cenya	Guatemala	Jamaica	Finland
ao PDR	Guyana	Latvia	France
iberia	Honduras	Lebanon	Germany
Madagascar	India	Lithuania	Greece
Kalawi	Indonesia	Malaysia	Hong Kong, China
Mali	Iran, Islamic Rep.	Mauritius	Hungary
Mauritania	Iraq	Mexico	Iceland
Mongolia	Jordan	Myanmar	Ireland
Mozambique	Lesotho	Namibia	Israel
lepal	Macedonia, FYR	Panama	Italy
liger	Maldives	Peru	Japan
Rwanda	Marshall Islands	Poland	Korea, South
enegal	Morocco	Romania	Kuwait
ierbia	Nicaragua	Russian Federation	Luxembourg
Sierra Leone	Nigeria	Seychelles	Macao, China
anzania	Pakistan	South Africa	Malta
logo .	Paraguay	St. Kitts and Nevis	Monaco
Iganda	Philippines	St. Lucia	Netherlands
/anuatu	Sao Tome and Principe	St. Vincent and the Grenadines	New Zealand
rietnam	Solomon Islands	Suriname	Norway
Zambia	Sri Lanka	Tajikistan	0man
Zimbabwe	Sodan	Uruguay	Portugal
	Swaziland	Venezuela, RB	Qatar
	Syrian Arab Republic		Saudi Arabia
	Thailand		Singapore
	Tonga		Slovak Republic
	Tunisia		Slovenia
	Turkey		Spain
	Turkmenistan		Sweden
	West Bank and Gaza		Switzerland
			Trinidad and Tobago
			United Arab Emirates
			United Kingdom
			United States